

Homecare Services



Does your family need professional home help services?

Turn the page to find out more about how CWA can assist

What are Homecare Services?

The Caregiving Welfare Association (CWA) Home Care Services comprises three main components – Home Personal Care (HPC), Home Health Service (HHS) and Home Therapy Service (HTS).

As long-term institutional care should be deferred or considered as the very last resort rather than as the default option after hospitalisation, our Home Care Services aims to provide person-centred care to frail and/or homebound seniors to enable them to age in the community and to ease their caregivers' burden.



Home Personal Care (HPC)

Trained CWA Community Caregivers will be deployed to the homes of seniors to assist in their Activities of Daily Living, which include:

- Personal Hygiene - Bathing/bed bath, grooming
- Change of diapers and toileting
- Lifting and transferring
- Oral feeding
- Medical escort
- Mind-stimulating activities
- Medication reminders
- Simple exercises

Charges: Seniors who qualify for HPC through means testing will be eligible for government subsidy.



Home Health Service (HHS) – Home Medical and Home Nursing

Frail and/or homebound seniors can continue to receive essential medical and nursing care after their discharge from acute hospital through home visits by doctors and nurses, who can provide the following services:

- Medical Care
 - Medical check, consultation and treatment
- Nursing Care
 - Wound dressing and Stoma Care
 - Changing of feeding tubes
 - Maintenance of catheters and drainage tube
 - Medication management
 - Caregiver training
 - Monitoring of vital signs, etc

Charges: For more information on HHS and charges, please contact CWA at 6466 7957 / 6466 7996.



Home Therapy Service (HTS) – Home Rehabilitation

To improve and maintain the functional ability of the seniors at home, an allied worker (physiotherapist or occupational therapist) will make a home visit to:

- Conduct simple physical exercises
- Advise on usage of home assistive devices (eg. mobility aides, commode, etc)
- Provide a home environment assessment (home safety and home modifications)
- Offer caregiver training

Charges: For more information on HTS and charges, please contact CWA at 6466 7957 / 6466 7996.

Who can apply for Home Care Services?

- Singapore Citizens or Permanent Residents
- Aged 55 years or older
- Frail and/or homebound seniors

We accept referral from:

- Hospitals
- Polyclinics
- Clinics (General Practitioners)
- Self-referral/ Consented referral by a representative or service provider on your behalf

How can you help?

As CWA is a self-funding voluntary welfare organisation (VWO), we deeply appreciate your support. To donate* or join our volunteer team, log on to our website or contact us to mail a form to you.

*All outright donations will be tax-deductible.

For registration or more information:

Caregiving Welfare Association

Blk 3 Ghim Moh Road #01-294 Singapore 270003

☎ 6466 7957 / 6466 7996 📠 6466 5927

✉ contact@cwa.org.sg 🌐 www.cwa.org.sg 📘 caregiving.sg

🚶 Buona Vista MRT Station

🚌 Bus no. 92
(in front of CWA office)

Bus no. 100 & 111
(Ghim Moh Bus Terminal)